



# MANU

Holiday

# OFFER

With special holiday prices! 😊

# We don't just rest during the holidays



During the summer holidays, there is a growing demand for meaningful and engaging activities for children, that not only provide them with an interesting way to spend their time, but also relieve staff after an intensive school year. In response to these needs, we have prepared a special holiday offer.

We offer a wide range of activities for children, available on a flexible basis – from as few as two individual classes to larger events. We provide comprehensive programmes and ready-made event plans, qualified instructors, as well as the option to tailor the thematic scope to individual expectations.

**We have prepared special holiday prices!**

Due to the high availability of staff during the summer holidays, we are accepting bookings **from as few as two individual classes.**

As part of our summer holiday deals, we are also offering **free classes** from a cheaper course. You will find details in the price list at the end of this offer.



# AI Robobystrzaki

## (interactive AI lessons)

AI Robobystrzaki are interactive classes full of exciting challenges that teach how to use the capabilities of artificial intelligence wisely. Participants explore available tools, create projects, and learn effective problem-solving, developing skills needed for a technology-driven future. The program is based on working with AI-powered robots and tablets.



### Benefits for the child

- ✓ development of logical thinking and problem-solving skills
- ✓ learning about the practical applications of artificial intelligence and finding inspiration to explore new fields of science and technology
- ✓ development of mathematical and programming skills
- ✓ an effective English language practice and exploration of new vocabulary
- ✓ developing creativity and inspiration for the creation of own projects
- ✓ understanding of technological responsibility



# Robotics classes with LEGO Education



Classes in building and programming robots in the form of animals, vehicles or other structures, designed to develop manual skills and spatial awareness. By working with LEGO bricks and tablets, and creating commands for the robots, participants learn English vocabulary and gain an understanding of the basics of computer science and mechanics.



## Benefits for the child

- ✓ development of the intellectual sphere and stimulation of the senses
- ✓ activation of both cerebral hemispheres, responsible for logical thinking and imagination skills
- ✓ practicing creative thinking and problem-solving
- ✓ the development of technical, manual and spatial skills
- ✓ English language practice and subject-specific vocabulary enrichment



# English



Engaging exercises, games and songs that encourage participants to make their first attempts at speaking English. The lessons help participants become familiar with practical vocabulary and memorise it, laying the foundations for fluent communication. Each lesson is enriched with creative teaching materials, ensuring that boredom never creeps in.



## Benefits for the child

- ✓ development of the memory and memorisation skills
- ✓ a positive impact on language skills
- ✓ learning vocabulary and sentence sequences through play
- ✓ overcoming the language barrier
- ✓ learning about a different culture, customs, traditions while broadening horizons



# Corrective and compensatory Gymnastics



Movement classes led by instructors specialising in corrective gymnastics, designed to prevent postural problems. Simple and advanced exercises that support spinal health during periods of intensive growth. Once per school year, participants undergo tests to assess body posture.



## Benefits for the child

- ✓ correction of posture defects (curved spine, joint mobility problems)
- ✓ supporting the proper shaping of the figure
- ✓ fostering correct body development and increasing its mobility
- ✓ health education and shaping the principles of body functions
- ✓ muscle stretching and overall improvement in physical health



# Ekipa Lemura

(sports activities)



Original sports activities that improve overall physical fitness and support the proper development of motor skills. Games, tasks and stretching exercises inspire participants to explore their potential and take on new challenges. The motivation to be active built up during this time helps to achieve better fitness results in the future and reduces the risk of injury.



## Benefits for the child

- ✓ improvement of overall physical fitness
- ✓ increased mobility and flexibility of the body
- ✓ development of the locomotor system
- ✓ increased strength, coordination and endurance
- ✓ relaxing and soothing effect
- ✓ development of the ability to work in pairs and groups



# Modern dance



Modern dance with elements of ballroom dancing, tailored to the children's age and ability. During the classes, participants learn basic and more advanced steps and routines set to a selection of music from various genres. Under the guidance of sport dancers, they develop physical fitness, build self-confidence, and have space to release excess energy.



## Benefits for the child

- ✓ **boosting self-confidence and overcoming internal barriers**
- ✓ **an effective way to develop the habit of physical activity**
- ✓ **improvement of coordination and agility**
- ✓ **stress reduction through taking pleasure in learning rhythm and listening to music**
- ✓ **improvement of physical condition, gaining strength and muscle mass**
- ✓ **support of the cardiovascular system through strong, regular mobilisation for movement**



# Pricing

## for community centres and libraries

<b>AI Robobystrzaki</b> (interactive AI lessons)	400 PLN / group / 45 minutes
<b>Robotics classes with LEGO Education</b>	300 PLN / group / 45 minutes
<b>English</b>	230 PLN / group / 45 minutes
<b>Corrective and compensatory gymnastics</b>	230 PLN / group / 45 minutes
<b>Ekipa Lemura</b> (sports activities)	230 PLN / group / 45 minutes
<b>Modern dance</b>	210 PLN / group / 45 minutes

### Free classes

Type of freebie	Requirement
last class free for each of the courses	a minimum of 4 classes from a given course for groups of 2 or more
the last two classes free for each of the courses	a minimum of 8 classes from a given course for groups of 2 or more
8 free classes from the third cheapest course	a minimum of 8 classes from two courses for groups of 2 or more
Free offers cannot be combined.	



# Małopolska Akademia Nabywania Umiejętności

(The Lesser Poland Academy of Skill Acquisition)

As the MANU team, our mission is to support children in acquiring knowledge and skills. With a focus on the highest quality, we organise extracurricular activities in over 140 facilities in the Lesser Poland region. Our courses combine learning with fun, offering children creative educational experiences that go beyond the standard curriculum.



## What sets us apart?

### **A modern approach to learning**

We design courses that develop future-ready skills, with a strong focus on English language and technology education.

### **Comprehensive service**

Our offer includes exceptional programs, qualified staff, teaching materials, and a reliable response to client needs.

### **Flexibility in tailoring our services to the facility**

We prioritise client satisfaction, which is why we adapt our courses to different requirements.